

Chapter 7

The Axial Skeleton

An Introduction to the Axial Skeleton

- Structures of Bones
 - Articulations
 - Contacts with other bones
 - Landmarks (bone markings; marks)
 - Areas of muscle and ligament attachment
 - Foramina
 - Openings for nerves and blood vessels

7-1 The Axial Skeleton

- The Axial Skeleton
 - Forms the longitudinal axis of the body
 - Has 80 bones
 - The *skull*
 - 8 cranial bones
 - 14 facial bones
 - Bones associated with the skull
 - 6 *auditory ossicles*
 - The *hyoid bone*

7-1 The Axial Skeleton

- The Axial Skeleton
 - The *vertebral column*
 - 24 vertebrae (singular = vertebra)
 - The sacrum
 - The coccyx
 - The *thoracic cage*
 - 24 ribs
 - The sternum

7-1 The Axial Skeleton

- Functions of the Axial Skeleton
 - Supports and protects organs in body cavities
 1. Attaches to muscles of head, neck, and trunk
 2. Performs respiratory movements
 3. Stabilizes parts of **appendicular skeleton**

7-2 The Skull

- The Skull
 - Protects:
 - The brain
 - Entrances to respiratory system
 - Entrance to digestive system
 - Contains:
 - 22 bones
 - 8 **cranial bones**
 - Form the *braincase*, or cranium
 - 14 **facial bones**
 - Protect and support entrances to digestive and respiratory tracts

7-2 The Skull

- **Cranial Bones**
 - Enclose the cranial cavity
 - Which contains the brain
 - And its fluids, blood vessels, nerves, and membranes

7-2 The Skull

- **Facial Bones**
 - Superficial facial bones
 - For muscle attachment
 - Deep facial bones
 - Separate the oral and nasal cavities
 - Form the **nasal septum**

7-2 The Skull

- Superficial Facial Bones
 - *Maxillae* = maxillary bones
 - *Lacrimal*
 - *Nasal*
 - *Zygomatic*
 - *Mandible*
- Deep Facial Bones
 - *Palatine*
 - *Inferior nasal conchae*
 - *Vomer*

7-2 The Skull

- **Sinuses**

- Cavities that decrease the weight of the skull
 1. Lined with mucous membranes
 2. Protect the entrances of the respiratory system

7-2 The Skull

- **Sutures**

- The immovable joints of the skull
- The four major sutures
 1. **Lambdoid suture**
 2. **Coronal suture**
 3. **Sagittal suture**
 4. **Squamous suture**

7-2 The Skull

- **Lambdoid Suture**

- Separates occipital from parietal bones
- May contain **sutural (Wormian) bones**

- **Coronal Suture**

- Attaches frontal bone to parietal bones
- The **calvaria** (skullcap)
 - Consists of occipital, parietal, and frontal bones

7-2 The Skull

- **Sagittal Suture**

- Between the parietal bones
- From lambdoid suture to coronal suture

- **Squamous Sutures**

- Form boundaries between temporal bones and parietal bones

7-2 The Cranial Bones of the Skull

- The **Cranial Bones**

- Occipital bone
- Parietal bones
- Frontal bone
- Temporal bones
- Sphenoid
- Ethmoid

7-2 The Cranial Bones of the Skull

- The **Occipital Bone**

- Functions of the occipital bone
 - Forms the posterior and inferior surfaces of the cranium
- Articulations of the occipital bone
 - Parietal bones
 - Temporal bones
 - Sphenoid
 - First cervical vertebra (atlas)

7-2 The Cranial Bones of the Skull

- The Occipital Bone
 - Marks of the occipital bone
 - **External occipital protuberance**
 - **External occipital crest**
 - **Occipital condyles** articulate with neck
 - *Inferior and superior nuchal lines*: attachment sites of muscles and ligaments

7-2 The Cranial Bones of the Skull

- The Occipital Bone
 - Foramina of the occipital bone
 - **Foramen magnum** connects cranial and spinal cavities
 - **Jugular foramen** for jugular vein
 - **Hypoglossal canals** for hypoglossal nerves

7-2 The Cranial Bones of the Skull

- The **Parietal Bones**
 - Functions of the parietal bones
 - Form part of the superior and lateral surfaces of the cranium
 - Articulations of the parietal bones
 - Other parietal bone
 - Occipital bone
 - Temporal bone
 - Frontal bone
 - Sphenoid

7-2 The Cranial Bones of the Skull

- The Parietal Bones
 - Marks of the parietal bones
 - *Superior and inferior temporal lines*
 - To attach *temporalis muscle*
 - Grooves for cranial blood vessels

7-2 The Cranial Bones of the Skull

- The Frontal Bone
 - Functions of the frontal bone
 - Forms the anterior cranium and upper eye sockets
 - Contains *frontal sinuses*
 - Articulations of the frontal bone
 - Parietal bone
 - Maxillary
 - Metopic suture
 - Ethmoid
 - Lacrimal bone
 - Zygomatic bone
 - Sphenoid
 - Nasal bone

7-2 The Cranial Bones of the Skull

- The Frontal Bone
 - Marks of the frontal bone
 - **Frontal squama** (forehead)
 - **Supraorbital margin** (protects eye)
 - **Lacrimal fossa** (for tear ducts)
 - **Frontal sinuses**

7-2 The Cranial Bones of the Skull

- The Frontal Bone
 - Foramina of the frontal bone
 - **Supraorbital foramen**
 - For blood vessels of eyebrows, eyelids, and frontal sinuses
 - **Supraorbital notch**
 - An incomplete supraorbital foramen

7-2 The Cranial Bones of the Skull

- The **Temporal Bones**
 - Functions of the temporal bones
 1. Part of lateral walls of cranium and *zygomatic arches*
 2. Articulate with mandible
 3. Surround and protect inner ear
 4. Attach muscles of jaws and head

7-2 The Cranial Bones of the Skull

- The Temporal Bones
 - Articulations of the temporal bones

- Zygomatic bone
- Sphenoid
- Parietal bone
- Occipital bone
- Mandible

7-2 The Cranial Bones of the Skull

- The Temporal Bones
 - Marks of the temporal bones
 - **Squamous part**
 - **Zygomatic process**
 - **Mandibular fossa**
 - **Mastoid process**
 - **Styloid process**
 - **Petrous part**
 - **Auditory ossicles**

7-2 The Cranial Bones of the Skull

- **Squamous Part**
 - Borders the squamous suture
- **Zygomatic Process**
 - Inferior to the squamous portion
 - Articulates with *temporal process* of zygomatic bone
 - Forms **zygomatic arch** (cheekbone)
- **Mandibular Fossa**
 - Articulates with the mandible

7-2 The Cranial Bones of the Skull

- **Mastoid Process**
 - For muscle attachment
 - Contains mastoid air cells connected to middle ear
- **Styloid Process**
 - To attach tendons and ligaments of the hyoid, tongue, and pharynx
- **Petrous Part**
 - Encloses structures of the *inner ear*

7-2 The Cranial Bones of the Skull

- **Auditory Ossicles**
 - Three tiny bones in *tympanic cavity (middle ear)*
 - Transfer sound from *tympanic membrane (eardrum)* to inner ear

7-2 The Cranial Bones of the Skull

- The Temporal Bones
 - Foramina of the temporal bones
 - **Carotid canal** for internal carotid artery
 - **Foramen lacerum**
 - For carotid and small arteries
 - Hyaline cartilage
 - *Auditory tube*

7-2 The Cranial Bones of the Skull

- The Temporal Bones
 - Foramina of the temporal bones
 - **External acoustic meatus** (*canal*) ends at tympanic membrane
 - **Stylomastoid foramen** for *facial nerve*
 - **Internal acoustic meatus** (*canal*)
 - For blood vessels and nerves of the inner ear
 - Facial nerve

7-2 The Cranial Bones of the Skull

- The **Sphenoid**
 - Functions of the sphenoid
 - Part of the floor of the cranium
 - Unites cranial and facial bones
 - Strengthens sides of the skull
 - Contains *sphenoidal sinuses*

7-2 The Cranial Bones of the Skull

- The Sphenoid
 - Articulations of the sphenoid
 - Ethmoid
 - Frontal bone
 - Occipital bone
 - Parietal bone
 - Temporal bone
 - Palatine bones
 - Zygomatic bones
 - Maxillae
 - Vomer

7-2 The Cranial Bones of the Skull

- The Sphenoid
 - Marks of the sphenoid

- **Sphenoid body**
- **Sella turcica**
- **Hypophyseal fossa**
- **Sphenoidal sinuses**
- **Lesser wings**
- **Greater wings**
- **Pterygoid processes**

7-2 The Cranial Bones of the Skull

- **Sphenoid Body**
 - At the central axis of the sphenoid
- **Sella Turcica**
 - Saddle-shaped enclosure
 - On the superior surface of the body
- **Hypophyseal Fossa**
 - A depression within the sella turcica
 - Holds the *pituitary gland*

7-2 The Cranial Bones of the Skull

- **Sphenoidal Sinuses**
 - On either side of the body
 - Inferior to the sella turcica
- **Lesser Wings**
 - Anterior to the sella turcica

7-2 The Cranial Bones of the Skull

- **Greater Wings**
 - Form part of the cranial floor
 - *Sphenoidal spine*
 - Posterior wall of the orbit
- **Pterygoid Processes**
 - Form *pterygoid plates*
 - To attach muscles of the lower jaw and soft palate

7-2 The Cranial Bones of the Skull

- **The Sphenoid**
 - Foramina of the sphenoid
 - **Optic canals** for optic nerves
 - **Superior orbital fissure** for blood vessels and nerves of the orbit
 - **Foramen rotundum** for blood vessels and nerves of the face

- **Foramen ovale** for blood vessels and nerves of the face
- **Foramen spinosum** for blood vessels and nerves of the jaws

7-2 The Cranial Bones of the Skull

- The **Ethmoid**
 - Functions of the ethmoid
 - Forms anteromedial floor of the cranium
 - Roof of the nasal cavity
 - Part of the nasal septum and medial orbital wall
 - Contains *ethmoidal air cells* (network of sinuses)

7-2 The Cranial Bones of the Skull

- The Ethmoid
 - Articulations of the ethmoid
 - Frontal bone
 - Sphenoid
 - Nasal bone
 - Lacrimal bone
 - Palatine bone
 - Maxillary bones
 - Inferior nasal conchae
 - Vomer

7-2 The Cranial Bones of the Skull

- The Ethmoid
 - Three parts of the ethmoid
 1. The **cribriform plate**
 2. The two **lateral masses**
 3. The **perpendicular plate**

7-2 The Cranial Bones of the Skull

- The **Cribriform Plate**
 - Floor of the cranium
 - Roof of the nasal cavity
 - Contains the **crista galli**
- The Two **Lateral Masses**
 - Ethmoidal labyrinth (ethmoidal air cells)
 - Superior nasal conchae
 - Middle nasal conchae
- The **Perpendicular Plate**
 - Part of the nasal septum

7-2 The Cranial Bones of the Skull

- The Ethmoid
 - Foramina of the ethmoid
 - **Olfactory foramina**
 - In the cribriform plate
 - For olfactory nerves

7-2 The Facial Bones of the Skull

- The **Facial Bones**
 - **Maxillae** (*maxillary bones*)
 - **Palatine bones**
 - **Nasal bones**
 - **Vomer**
 - **Inferior nasal conchae**
 - **Zygomatic bones**
 - **Lacrimal bones**
 - **Mandible**

7-2 The Facial Bones of the Skull

- The **Maxillae**
 - Functions of the maxillae
 - Support upper teeth
 - Form inferior orbital rim
 - Form lateral margins of external nares
 - Form upper jaw and hard palate
 - Contain *maxillary sinuses* (largest sinuses)

7-2 The Facial Bones of the Skull

- The Maxillae
 - Articulations of the maxillae
 - Frontal bones
 - Ethmoid
 - With one another
 - All other facial bones except the mandible

7-2 The Facial Bones of the Skull

- The Maxillae
 - Marks of the maxillae
 - **Orbital rim** protects eye and orbit
 - *Anterior nasal spine* attaches cartilaginous anterior nasal septum
 - **Alveolar processes** border the mouth and support upper teeth
 - **Palatine processes** form the **hard palate** (roof of mouth)

- **Maxillary sinuses** lighten bone
- **Nasolacrimal canal** protects *lacrima sac* and *nasolacrimal duct*

7-2 The Facial Bones of the Skull

- The Maxillae
 - Foramina of the maxillae
 - **Infraorbital foramen**
 - For sensory nerve to brain (via foramen rotundum of sphenoid)
 - **Inferior orbital fissure**
 - For cranial nerves and blood vessels

7-2 The Facial Bones of the Skull

- The **Palatine Bones**
 - Functions of the palatine bones
 - Form the posterior portion of the hard palate
 - Contribute to the floors of the orbits

7-2 The Facial Bones of the Skull

- The Palatine Bones
 - Articulations of the palatine bones
 - With other palatine bone
 - Maxillae
 - Sphenoid
 - Ethmoid
 - Inferior nasal conchae
 - Vomer

7-2 The Facial Bones of the Skull

- The Palatine Bones
 - Divisions of the palatine bones
 - **Horizontal plate:** posterior part of hard palate
 - **Perpendicular plate** from horizontal plate to orbital process of orbit floor
 - Foramina of the palatine bones
 - Many in the lateral portion of the horizontal plate
 - For small blood vessels and nerves of the roof of the mouth

7-2 The Facial Bones of the Skull

- The **Nasal Bones**
 - Functions of the nasal bones
 - Support the bridge of the nose
 - Connect to cartilages of the distal part of the nose (**external nares**)

7-2 The Facial Bones of the Skull

- The Nasal Bones
 - Articulations of the nasal bones
 - With other nasal bones
 - Ethmoid
 - Frontal bones
 - Maxillae

7-2 The Facial Bones of the Skull

- The **Vomer**
 - Functions of the vomer
 - Forms the inferior portion of the bony nasal septum
 - Articulations of the vomer
 - Sphenoid
 - Ethmoid
 - Palatine bones
 - Maxillae
 - Cartilaginous part of the nasal septum

7-2 The Facial Bones of the Skull

- The **Inferior Nasal Conchae**
 - Functions of the inferior nasal conchae
 - To create air turbulence in the nasal cavity
 - To increase the epithelial surface area
 - To warm and humidify inhaled air

7-2 The Facial Bones of the Skull

- The Inferior Nasal Conchae
 - Articulations of the inferior nasal conchae
 - Ethmoid
 - Maxillae
 - Palatine bones
 - Lacrimal bones

7-2 The Facial Bones of the Skull

- The **Zygomatic Bones**
 - Functions of the zygomatic bones
 - Contribute to the rim and lateral wall of the orbit
 - Form part of the zygomatic arch
 - Articulations of the zygomatic bones
 - Sphenoid
 - Frontal bone

- Temporal bones
- Maxillae

7-2 The Facial Bones of the Skull

- The Zygomatic Bones
 - Marks of the zygomatic bones
 - Temporal process
 - Meets the zygomatic process of the temporal bone
 - Foramina of the zygomatic bones
 - Zygomaticofacial foramen
 - For sensory nerves of cheeks

7-2 The Facial Bones of the Skull

- The **Lacrimal Bones**
 - Functions of the lacrimal bones
 - The smallest facial bones
 - Form part of the medial wall of the orbit
 - Articulations of the lacrimal bones
 - Frontal bone
 - Maxillae
 - Ethmoid

7-2 The Facial Bones of the Skull

- The Lacrimal Bones
 - Marks of the lacrimal bones
 - **Lacrimal sulcus**
 - Location of the lacrimal sac
 - Leads to the nasolacrimal canal (between orbit and nasal cavity)

7-2 The Facial Bones of the Skull

- The **Mandible**
 - Functions of the mandible
 - Forms the lower jaw
 - Articulations of the mandible
 - Mandibular fossae of the temporal bones

7-2 The Facial Bones of the Skull

- The Mandible
 - Marks of the mandible
 - **Body** of the mandible is horizontal portion
 - **Alveolar processes** support the lower teeth
 - *Mental protuberance* attaches facial muscles

- A depression on the medial surface for *submandibular salivary gland*
- *Mylohyoid line* for insertion of the mylohyoid muscle (floor of mouth)

7-2 The Facial Bones of the Skull

- The Mandible
 - Marks of the mandible
 - **Ramus** ascending from the *mandibular angle* on either side
 - **Condylar process** articulates with temporal bone at *temporomandibular joint*
 - **Coronoid process**: insertion point for *temporalis muscle* (closes the jaws)
 - **Mandibular notch** separates condylar and coronoid processes

7-2 The Facial Bones of the Skull

- The Mandible
 - Foramina of the mandible
 - **Mental foramina**
 - For sensory nerves of lips and chin
 - **Mandibular foramen**
 - Entrance to the *mandibular canal*
 - For blood vessels and nerves of lower teeth

7-2 The Facial Bones of the Skull

- The **Hyoid Bone**
 - Functions of the hyoid bone
 - Supports the larynx
 - Attaches muscles of the larynx, pharynx, and tongue
 - Articulations of the hyoid bone
 - Connects *lesser horns* to styloid processes of temporal bones

7-2 The Facial Bones of the Skull

- The Hyoid Bone
 - Marks of the hyoid bone
 - **Body** of the hyoid
 - Attaches muscles of larynx, tongue, and pharynx

7-2 The Facial Bones of the Skull

- The Hyoid Bone
 - Marks of the hyoid bone
 - **Greater horns** (*greater cornua*)
 - Support larynx
 - Attach muscles of the tongue

- **Lesser horns** (*lesser cornua*)
 - Attach stylohyoid ligaments
 - Support hyoid and larynx

7-3 The Orbital and Nasal Complexes

- The Eye Sockets (**Orbits**)
 - Frontal bone (roof)
 - Maxilla (floor)
 - Maxillary, lacrimal, and ethmoid bones (orbital rim and medial wall)
 - Sphenoid and palatine bones

7-3 The Orbital and Nasal Complexes

- Bones of the **Nasal Cavities** and **Paranasal Sinuses** Make Up the **Nasal Complex**
 - Frontal bone, sphenoid, and ethmoid
 - Superior wall of nasal cavities
 - Maxillae, lacrimal bones, ethmoid, and inferior nasal conchae
 - Lateral walls of nasal cavities
 - Maxillae and nasal bones
 - Bridge of nose

7-3 The Orbital and Nasal Complexes

- Paranasal Sinuses
 - Air-filled chambers connected to the nasal cavities
 - Lighten skull bones
 - Provide mucous epithelium (flushes nasal cavities)

7-4 Fontanelles

- The Infant Skull
 - Grows rapidly
 - Is large compared to the body
 - Has many ossification centers

7-4 Fontanelles

- The Infant Skull
 - Fusion is not complete at birth
 - Two frontal bones
 - Four occipital bones
 - Several sphenoidal and temporal elements

7-4 Fontanelles

- **Fontanelles**

- Are areas of fibrous connective tissue (soft spots)
- Cover unfused sutures in the infant skull
- Allow the skull to flex during birth

7-4 Fontanelles

- *Anterior Fontanelle*
 - Frontal, sagittal, and coronal sutures
- *Occipital Fontanelle*
 - Lambdoid and sagittal sutures
- *Sphenoidal Fontanelles*
 - Squamous and coronal sutures
- *Mastoid Fontanelles*
 - Squamous and lambdoid sutures

7-5 The Vertebral Column

- The **Vertebral Column** (*Spine*)
 - Protects the spinal cord
 - Supports the head and body
 - 26 bones
 - 24 **vertebrae**, the **sacrum**, and the **coccyx**

7-5 The Vertebral Column

- Vertebrae
 - The neck
 - Seven **cervical vertebrae**
 - The upper back
 - 12 **thoracic vertebrae**
 - Each articulates with one or more pair of ribs
 - The lower back
 - Five **lumbar vertebrae**

7-5 The Vertebral Column

- The Sacrum and Coccyx
 - The fifth lumbar vertebra articulates with the **sacrum**
 - The sacrum articulates with the **coccyx**

7-5 The Vertebral Column

- Four **Spinal Curves**
 1. **Cervical curve**
 2. **Thoracic curve**
 3. **Lumbar curve**

4. Sacral curve

7-5 The Vertebral Column

- **Thoracic and Sacral Curves**
 - Are called **primary curves** (present during fetal development)
 - Or **accommodation curves** (accommodate internal organs)
- **Lumbar and Cervical Curves**
 - Are called **secondary curves** (appear after birth)
 - Or **compensation curves** (shift body weight for upright posture)

7-5 The Vertebral Column

- Vertebral Anatomy
 - The **vertebral body** (*centrum*)
 - Transfers weight along the spine
 - The **vertebral arch**
 - Posterior margin of **vertebral foramen**
 - The **articular processes**
 - Lateral projections between laminae and pedicles

7-5 The Vertebral Column

- Vertebral Anatomy
 - The **vertebral arch**
 - **Pedicles**
 - Walls of the vertebral arch
 - **Laminae**
 - Roof of the vertebral arch

7-5 The Vertebral Column

- Vertebral Anatomy
 - The vertebral arch
 - **Spinous process**
 - Projection where vertebral laminae fuse
 - **Transverse process**
 - Projection where laminae join pedicles

7-5 The Vertebral Column

- Vertebral Anatomy
 - The **articular processes**
 - **Superior articular process**
 - **Inferior articular process**
 - Have **articular facets** on articular faces

7-5 The Vertebral Column

- Vertebral Foramina
 - **Intervertebral foramina**
 - Gaps between pedicles of adjacent vertebrae
 - For nerve connections to spinal cord
 - **Vertebral canal**
 - Formed by vertebral foramina
 - Encloses the spinal cord

7-5 The Vertebral Column

- **Intervertebral Discs**
 - Are pads of fibrocartilage
 - Separate the vertebral bodies
 - Absorb shocks

7-6 Vertebral Regions

- Vertebral Regions
 - Vertebrae are numbered
 - By region, from top (superior) to bottom (inferior)
 - C₁ articulates with skull, L₅ with sacrum
 - Vertebrae of each region
 - Have characteristics determined by functions

7-6 Vertebral Regions

- Regions of the Vertebral Column
 - **Cervical (C)**
 - **Thoracic (T)**
 - **Lumbar (L)**
 - **Sacral (S)**
 - **Coccygeal (Co)**

7-6 Vertebral Regions

- The **Cervical Vertebrae**
 - Small body (support only head)
 - Large vertebral foramen (largest part of spinal cord)
 - Concave superior surface
 - Slope posterior to anterior
 - C₁ (**atlas**) has no spinous process
 - All others have short spinous processes
 - Tip of each spinous process is notched (**bifid**)

7-6 Vertebral Regions

- The Cervical Vertebrae
 - Transverse processes
 - Are fused to **costal processes**
 - Which encircle **transverse foramina** (protect arteries and veins)
 - **Atlas** (C₁)
 - Articulates with occipital condyles of skull
 - Has no body or spinous process
 - Has a large, round foramen within **anterior** and **posterior arches**

7-6 Vertebral Regions

- The Cervical Vertebrae
 - **Axis** (C₂)
 - Supports the atlas
 - Has heavy spinous process
 - To attach muscles of head and neck
 - Axis and atlas bodies fuse during development to form the **dens**

7-6 Vertebral Regions

- The Cervical Vertebrae
 - **Vertebra prominens** (C₇)
 - Transitions to thoracic vertebrae
 - Has a long spinous process with a broad tubercle
 - Has large transverse processes
 - **Ligamentum nuchae** (elastic ligament) extends from C₇ to skull

7-6 Vertebral Regions

- **Thoracic Vertebrae** (T₁–T₁₂)
 - Have heart-shaped bodies
 - Larger bodies than in C₁–C₇
 - Smaller vertebral foramen than in C₁–C₇
 - Long, slender spinous processes
 - Dorsolateral surfaces of body have **costal facets**
 - Which articulate with heads of ribs

7-6 Vertebral Regions

- Thoracic Vertebrae (T₁–T₁₂)
 - T₁–T₁₀
 - Have **transverse costal facets**
 - On thick transverse processes for rib articulation
 - Ribs at T₁–T₁₀
 - Contact **costal** and **transverse costal facets**

- T₁–T₈ articulate with two pairs of ribs
 - At *superior* and *inferior* costal facets
- T₉–T₁₁ articulate with one pair of ribs
- T₁₀–T₁₂ transition to lumbar vertebrae

7-6 Vertebral Regions

- **Lumbar Vertebrae (L₁–L₅)**
 - Largest vertebrae
 - Oval-shaped bodies
 - Thicker bodies than T₁–T₁₂
 - No costal or transverse costal facets
 - Triangular vertebral foramen
 - Superior articular processes
 - Face up and in
 - Inferior articular processes
 - Face down and out

7-6 Vertebral Regions

- Lumbar Vertebrae (L₁–L₅)
 - Transverse processes
 - Slender
 - Project dorsolaterally
 - Spinous processes
 - Short, heavy
 - For attachment of lower back muscles

7-6 Vertebral Regions

- The **Sacrum**
 - Is curved, more in males than in females
 - Protects reproductive, urinary, and digestive organs
 - Attaches:
 - The axial skeleton to pelvic girdle of appendicular skeleton
 - Broad muscles that move the thigh

7-6 Vertebral Regions

- The Sacrum
 - The adult sacrum
 - Consists of five fused sacral vertebrae
 - Fuses between puberty and ages 25–30
 - Leaving *transverse lines*
 - **Sacral canal**
 - Replaces the vertebral canal

7-6 Vertebral Regions

- The Sacrum
 - **Sacral cornua**
 - Horn shaped
 - Formed by laminae of the fifth sacral vertebra
 - Which do not meet at midline
 - **Sacral hiatus**
 - Opening at the inferior end of the sacral canal
 - Formed by ridges of sacral cornua
 - Covered by connective tissues

7-6 Vertebral Regions

- The Sacrum
 - **Median sacral crest**
 - Fused spinous processes
 - Four pairs of **sacral foramina** open to either side
 - **Lateral sacral crest**
 - Fused transverse processes
 - Attach to muscles of lower back and hip

7-6 Vertebral Regions

- The Sacrum
 - **Auricular surface**
 - Thick, flattened area
 - Articulates with pelvic girdle (forming *sacroiliac joint*)
 - **Sacral tuberosity**
 - Rough area
 - Attaches ligaments of the sacroiliac joint

7-6 Vertebral Regions

- The Sacrum
 - **Base**
 - The broad superior surface
 - **Ala**
 - Wings at either side of the base
 - To attach muscles
 - **Sacral promontory**
 - At the center of the base
 - **Apex**
 - The narrow inferior portion
 - Articulates with the coccyx

7-6 Vertebral Regions

- The **Coccyx**
 - Attaches ligaments and a constricting muscle of the anus
 - Mature coccyx
 - Consists of three to five fused coccygeal vertebrae
 - First two coccygeal vertebrae
- Have transverse processes
 - Have unfused vertebral arches
- **Coccygeal cornua**
 - Formed by laminae of first coccygeal vertebra

7-7 The Thoracic Cage

- The **Thoracic Cage**
 - The skeleton of the chest
 - Supports the thoracic cavity
 - Consists of:
 - Thoracic vertebrae
 - Ribs
 - Sternum (breastbone)
- The Rib Cage
 - Formed of ribs and sternum

7-7 The Thoracic Cage

- Functions of the Thoracic Cage
 1. Protects organs of the thoracic cavity
 - Heart, lungs, and thymus
 2. Attaches muscles
 1. For respiration
 2. Of the vertebral column
 3. Of the pectoral girdle and the upper limbs

7-7 The Thoracic Cage

- **Ribs** (*Costae*)
 - Are 12 pairs of long, curved, flat bones
 - Extending from the thoracic vertebrae
 - Ribs are divided into two types
 1. **True ribs**
 2. **False ribs**

7-7 The Thoracic Cage

- Ribs 1–7 (**True Ribs**)
 - *Vertebrosteral ribs*

- Connected to the sternum by **costal cartilages**

7-7 The Thoracic Cage

- Ribs 8–12 (**False Ribs**)
- Do not attach directly to the sternum
 - *Vertebrochondral ribs* (ribs 8–10)
 - Fuse together
 - Merge with cartilage before reaching the sternum
 - *Floating or vertebral ribs* (ribs 11–12)
 - Connect only to the vertebrae and back muscles
 - Have no connection with the sternum

7-7 The Thoracic Cage

- Structures of the Ribs
 - The **head** (capitulum)
 - At the vertebral end of the rib
 - Has superior and inferior articular facets
 - The **neck**
 - The short area between the head and the tubercle

7-7 The Thoracic Cage

- Structures of the Ribs
 - The **tubercle** (tuberculum)
 - A small dorsal elevation
 - Has an auricular facet that contacts the facet of its thoracic vertebra (at T₁–T₁₀ only)
 - The tubular **body** (*shaft*)
 - Attaches muscles of the pectoral girdle and trunk
 - Attaches to the intercostal muscles that move the ribs

7-7 The Thoracic Cage

- The **Sternum**
 - A flat bone
 - In the midline of the thoracic wall
 - Three parts of the sternum
 1. The **manubrium**
 2. The sternal **body**
 3. The **xiphoid process**

7-7 The Thoracic Cage

- Manubrium
 - The superior portion of sternum

- Broad, triangular shape
- Articulates with *clavicles* (collarbones)
- Articulates with cartilages of first rib pair
- Has a **jugular notch**, a shallow indentation between clavicular articulations

7-7 The Thoracic Cage

- The Sternal **Body**
 - Is tongue-shaped
 - Attaches to the manubrium
 - Attaches to costal cartilages of ribs 2–7
 -
- The **Xiphoid Process**
 - Is the smallest part of the sternum
 - Attaches to the sternal body
 - Attaches to *diaphragm* and *rectus abdominis muscles*

7-7 The Thoracic Cage

- Development of the Sternum
 - The developing sternal body
 - Consists of four unfused bones
 - Completes fusion about age 25
 - Leaving transverse lines
 - The xiphoid process
 - Is the last part of sternum to fuse
 - Can easily be broken away